



Good Vibes Hypnosis

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Good Vibes Hypnosis Training

Basic and Advanced Hypnotherapy Training

This training includes discussion, demonstration and supervised practice sessions in order to learn various hypnotic processes as outlined below. While suggestions are an important aspect of working with hypnosis, effective hypnotherapy is more than just providing suggestions. In this Basic and Advanced Hypnotherapy Training you will learn powerful interactive processes that create powerful change for your clients.

This is an experiential training and that means you will experience the power of these interactive processes as both the therapist and the client as you learn and share experiences with the other students in your class.

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| <ul style="list-style-type: none">• Basic & Advanced Hypnotherapy• Create Effective Suggestions• Direct vs Indirect Suggestions• Creating Hypnosis Scripts• Effective Pre-talk• Suggestibility Testing• Traditional and Advanced Inductions• Trance Depths and Depth Level Tests• Deepening Techniques• Emerging Techniques• How to Teach Self-Hypnosis• Weight Control• Stress Management• Smoking Cessation• Relationships | <ul style="list-style-type: none">• Using Post Hypnotic Suggestions• Advanced Hypnotherapy Techniques• Interactive Processes in Hypnosis• Age Regression• Inner Child Regression• Parts Therapy• Gestalt Therapy• Pain Management and Hypnotic Anesthesia• Guided Imagery• Control Room Adjustments• Emotional Release & Stress Release• Integration and Self-assessment• Effective Client Interview Techniques• Working with Groups• Successful Practice Building |
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